

Glossary of Services

BHRS (Behavioral health rehabilitation services): Treatment and therapeutic interventions prescribed by a psychologist or psychiatrist provided on an individual basis in the person's own environment such as the home, school and community. These services include Therapeutic Support Staff (TSS), Behavioral Specialist Consultants (BSC), Mobile Therapy (MT) and specialized services, as approved.*

Case Mgmt (Case management services): Services provided to assist children, adolescents and adults with serious mental illness or emotional disturbance to obtain treatment and supports necessary to maintain a healthy and stable life in the community. Caseload sizes are limited to ensure adequate attention to the person's needs as they change. Emphasis is given to housing, food, treatment services, use of time, employment and education. Intensive case management services are available 24 hours a day, 7 days per week.*

Claim: A request for payment for a provided service. For example, behavioral health providers submit claims to Community Care Behavioral Health after they have provided a service to a HealthChoices consumer. Community Care pays the claim if it has been submitted with all the necessary information and on time (within 90 days of the service provided). Paid claims are used to track costs of services.

Community Care Behavioral Health (CCBH): Community Care is the managed care organization that authorizes and pays for behavioral health services used by HealthChoices members in Allegheny County.

Consumer: An individual enrolled in HealthChoices who used behavioral health services.

Crisis (Crisis Services): These services are available 24 hours a day. Members experiencing crises call a toll-free number, and receive telephone counseling. When indicated, professional behavioral health counselors will provide mobile crisis services at the member's home or in the community.

CTT (Community treatment team): A CTT functions as the primary provider of services for people with serious and persistent mental illnesses. CTTs provide highly individualized services directly to consumers who are living in the community; services include case management, medication management (prescriptions, administration, monitoring and documentation), counseling, housing support, substance abuse treatment, and employment counseling. These services are provided by team members who are on-call 24 hours a day, seven days a week, and 365 days a year.

Enrollee: An individual enrolled in HealthChoices. Another term commonly used is "member."

Fam-Bas (Family-based services): Evaluation and treatment services provided to a specific child in a family, but focuses on strengthening the whole family system to increase their ability to successfully manage their child's behavioral and emotional issues. Services are provided by licensed agencies employing a mental health professional and a mental health worker as a team to provide treatment and case management interventions. Services are provided in the home of the family.*

HealthChoices: HealthChoices is Pennsylvania's managed care program for Medical Assistance.

Halfway Hs (Halfway House): A residential program to assist people in their recovery from drug and alcohol addictions. Halfway Houses are transitional programs to support people in their re-integration in the community.

IP-Detox (Inpatient detoxification services): Treatment includes 24-hour medically directed evaluation and detoxification of consumers with substance use disorders in an acute care setting. The clients who use this type of care have acute withdrawal problems which are severe enough to require primary medical and nursing care facilities; 24-hour medical service is provided, and the full resources of the hospital facility are available.

* Service descriptions are quoted from The Office of Mental Health and Substance Abuse Services (OMHSAS), available at <http://www.dpw.state.pa.us/omhsas/omhchoices.asp>.

IP-MH (Inpatient mental health services): Evaluation and treatment services provided in a licensed psychiatric unit of a community hospital or a community psychiatric hospital that is not part of a medical hospital. Services are provided to persons with acute illness where safety for self or others is an issue. Services are provided by psychiatrists, nurses and social services staff. Persons may be involuntarily committed for evaluation and treatment.*

IP-Rehab (Inpatient rehabilitation services): Treatment which includes 24-hour medically directed evaluation, care and treatment for addicted consumers with coexisting biomedical, psychiatric, and/or behavioral conditions which need frequent care. Facilities must have, at a minimum, 24-hour nursing care, 24-hour access to specialized medical care and intensive medical care, and 24-hour access to physician care.

Med Check (Medication check): A service provided for consumers taking medication to treat their mental illnesses or substance abuse disorders. Medication levels are checked, side effects discussed, and adjustments to prescriptions are made as necessary.

Member: An individual enrolled in HealthChoices. Another term commonly used is “enrollee.”

Meth Maint (Methadone maintenance): Medication used to achieve stabilization or prevent withdrawal symptoms. Slow withdrawal or outpatient detoxification of the person from the maintenance medication is part of this treatment process.*

NH-Detox (Non-hospital detoxification services): Treatment service conducted in a residential facility that provides a 24-hour professionally directed evaluation and detoxification of addicted consumers. Detoxification is the process of assisting a drug or alcohol-intoxicated or dependent consumer through the period of time required to eliminate the intoxicating substance and with any other dependency factors. This process also includes motivating and supporting the consumer to seek additional treatment after detoxification. The full resources of an acute care facility are not necessary.

NH-Rehab (Non-hospital rehabilitation services): Treatment services provided in a licensed community residential program where a full range of treatment and supportive services are provided for the addicted person in acute distress. Interventions include social, psychological and medical services to assist the person whose addiction symptomatology is demonstrated by moderate impairment of social, occupational, and/or school functioning. Rehabilitation is a treatment goal.* (levels 3B and 3C)

OP-D&A (Outpatient drug and alcohol services): Evaluation and treatment services provided at a licensed facility to persons who can benefit from psychotherapy and substance use/abuse education. Services are provided in regularly scheduled treatment sessions for a maximum of 5 hours per week by qualified D&A treatment staff.*

OP-MH (Outpatient mental health services): Evaluation and treatment services provided to persons who may benefit from periodic visits that may include psychiatric and psychological evaluation, medication management, individual or group therapy. Services are provided by licensed facilities under the supervision of a psychiatrist or by private credentialed practitioners.*

PHP-MH (Partial hospitalization mental health program): Treatment services provided from 3 to 6 hours per day up to 5 days per week in a licensed facility. Evaluation, treatment and medication are provided under the supervision of a psychiatrist for persons who need more intensive treatment than psychiatric outpatient. Services are provided for a short duration of time for persons acutely ill and for longer periods for persons experiencing long-term serious mental illness. Services are typically provided in a therapeutic group setting.*

Psych rehab (Psychiatric rehabilitation): Psychiatric rehabilitation services assist consumers in their recovery from mental illness, with the goal of improving functioning so consumers are satisfied with the roles they choose in their communities. While mental health treatment focuses on the reduction of

symptoms, psych rehab focuses on community participation, through consumer-driven goals including housing, employment, education, relationships, and engaging in community and social activities.

Q / QTR (Quarter): Three month period of time. Q1: January, February, March; Q2: April, May, June; Q3: July, August, September; Q4: October, November, December.

Respite/DAS (Respite and Diversion/Acute Stabilization Services): Short term, community-based residential programs intended to divert consumers who would otherwise be admitted to the hospital. These services can also be used as step-down services after an inpatient stay.

RTF (Residential treatment facility): Comprehensive mental health treatment services for children with severe emotional disturbances or mental illness. These services are provided in facilities which must be licensed by OCY&F under Chapter 3800. The facility must have a service description approved by OMHSAS, be certified by OMHSAS through annual on-site review, have a utilization review plan in effect and be enrolled in the MA program.*

RTF-Adult (Residential treatment facility for adults): This short-term, restrictive residential service is intended to divert consumers who would otherwise be admitted to the hospital. It is also a step-down service from inpatient services.

Supp Serv DA (Supplemental drug and alcohol services): This category of services includes drug and alcohol treatment programs that are paid for by Community Care but are not required or covered services under HealthChoices. These services include intensive outpatient, partial programs, residential partial programs, acute partial programs, and individual therapy services.

Supp Serv MH (Supplemental mental health services): This category of services includes mental health services that are paid for by Community Care but are not required or covered services under HealthChoices. This category primarily includes specific outpatient individual and family therapy codes.