

This data dictionary provides an overview of terms that are used in the following Behavioral HealthChoices Data Dashboards: *Service Utilization, Diagnoses, and Paid Claims; Enrollment; Inpatient and Residential Service Utilization*. This dictionary is best used concurrently with each dashboard's user guide.

General

Number Members = Number of individuals enrolled in HealthChoices

Total Paid = Amount paid to providers

Paid Per Member = Average amount paid per member

MH = Mental Health

SUD = Substance Use Disorder

BH = Behavioral Health (MH and SUD)

Service Utilization, Diagnoses, and Paid Claims Dashboard

Year - Filters claims data based on year of service

Quarter - Filters data based on year and quarter

Age - Filters data by adult/youth. Age values include:

<21 = Youth

21+ = Adult

Gender - Filters data by gender (Male, Female)

Race - Filters data by race with three category options (White, Black, and Other). Our 'Other' category contains all races that do not exceed 5% of the overall population in Allegheny County.

BH Service Category - Filters data by the type of service for the given claim line item. Categories exist for:

MH = Mental Health

SUD = Substance Use Disorder

Eligibility Category - Filters data by the Medicaid eligibility category at the time of service. Categories include:

CATN = Categorically Needy

FGA = Federal General Assistance

HB = Healthy Beginnings

MEDN = Medically Needy

MCE = Medicaid Expansion

SSI = Supplemental Security Income

SSIM = Supplemental Security Income with Medicare

TANF = Temporary Assistance for Needy Families

THM = Eligibility combination of TANF, Healthy Beginnings, and Modified Adjusted Gross Income

***Additional information is available on page 3**

Enrollment Dashboard

Year - Filters HealthChoices enrollment by year

Quarter - Filters HealthChoices enrollment by quarter

Gender - Filters data by gender (Male, Female)

Race - Filters data by race with three category options (White, Black, and Other). Our 'Other' category contains all races that do not exceed 5% of the overall population in Allegheny County.

Zip Code - Filters data by a zip code or group of zip codes in Allegheny County

Eligibility Category (for pie chart) - Filters data by the Medicaid eligibility category at the time of service. Categories include:

CATN = Categorically Needy

FGA = Federal General Assistance

HB = Healthy Beginnings

MEDN = Medically Needy

MCE = Medicaid Expansion

SSI = Supplemental Security Income

SSIM = Supplemental Security Income with Medicare

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THM = Eligibility combination of TANF, Healthy Beginnings, and Modified Adjusted Gross Income

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Inpatient and Residential Service Utilization Dashboard

Year and Quarter- filters the year and quarter when admissions and/or discharges occur

Age – Filters data by adult/youth. Age values include:

<21 = Youth

21+ = Adult

Gender – Filters data by gender (Male, Female)

Race – Filters data by race with three category options (White, Black, and Other). Our 'Other' category contains all races that do not exceed 5% of the overall population in Allegheny County.

BH Service Category – Filters data by the type of service for the given claim line item. Categories exist for:

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BH Service – Filters data by the type of admission. Categories include:

AOP = Alternative Outpatient Programs

Halfway Hs = Halfway House

IP-Detox = Inpatient Detoxification

IP-Ext = Inpatient Extended Stay

IP-MH = Inpatient Mental Health Services

IP-Rehab = Inpatient Rehabilitation

NH-Detox = Non-Hospital Detoxification

NH Rehab = Non-Hospital Rehabilitation

RTF = Residential Treatment Facility

RTF-Adult = Residential Treatment Facility for Adults

ST RTF = Short-Term Residential Treatment Facility

***Additional information is available on page 4**

Number of Members with an Admission (in tables and charts) – Number of individual members with at least one admission (a count of people)

Admissions (in tables and charts) – Number of total admissions (a count of all admissions)

Discharges (in tables and charts) – Number of total discharges (a count of all discharges)

ALOS (in tables and charts) – Acronym for average length of stay. This value counts the average number of days an admission lasts. It is computed as Total LOS / Number Admissions.

Medicaid Eligibility

CATN = Categorically Needy describes persons who are eligible for Non Money Payment (NMP), meaning their income is equal to or less than 300% of the Federal Benefit Rate, or the monthly SSI benefit amount.

FGA = Federal General Assistance is also known as General Assistance or General Relief

and is a program that provides temporary cash assistance for persons with a disability or who have a child with a disability and do not qualify for TANF.

HB = Healthy Beginnings is a program that provides coordinated care to children and women during pregnancy and in the postpartum period.

MEDN = Medically Needy refers to persons who are disabled, blind, aged, pregnant, a child, or the parent of a minor child whose income is too high for regular Medicaid eligibility, has significant medical expenses, and has limited assets.

MCE = Medicaid Expansion is a broadened Medicaid eligibility to all adults (ages 18 - 64) with incomes below 138% of the Federal Poverty Level.

SSI = Supplemental Security Income is a supplement income for persons who are disabled, blind, or age 65 or older.

SSIM = Supplemental Security Income with Medicare. Persons who have SSI and Medicare.

TANF = Temporary Assistance for Needy Families, which provides temporary cash assistance for families with dependent children who are deprived of the care or support of one or both parents due to absence, incapacity, or unemployment of a parent.

THM = Refers to individuals with **TANF, HB, and MAGI**, or Modified Adjusted Gross Income, eligibilities. The MAGI is used to determine eligibility for savings on Marketplace, Medicaid, and Children's Health Insurance Program (CHIP) insurance plans.

Diagnoses

*Please note that several of these diagnoses are DSM-IV and are not consistent with the DSM-V.

Acute Stress RX = Acute Stress Reaction

ADHD = Attention-Deficit/Hyperactivity Disorder

Adjustment D/O = Adjustment Disorder

Alcohol = Alcohol Use Disorder

Amphet = Amphetamine Use Disorder **Anxiety Disorder** = Anxiety Disorder

Autism Spectrum D/O = Autism Spectrum Disorder

Bipolar D/O = Bipolar Disorder

Bord Pers D/O = Borderline Personality Disorder

Cannabis = Cannabis Use Disorder

Cocaine = Cocaine Use Disorder

Conduct D/O = Conduct Disorder

Depressive D/O = Depressive Disorder

Devp Delay = Developmental Delay

DX Deferred = Diagnosis Deferred (i.e., no diagnoses given)

Hallucin = Hallucinogen Use Disorder

Hyp/Sed = Sedative, Hypnotic, and Anxiolytic Use Disorder

ID = Intellectual Disability

Inhalants = Inhalant Use Disorder

Maj Depression = Major Depression or Major Depressive Disorder

Opioid = Opioid Use Disorder

Oppositional Defiant = Oppositional Defiant Disorder (ODD)

Paranoid States = Paranoid States

PCP = Phencyclidine Use Disorder

Pers D/O = Personality Disorder

Poly-Subs D/O = Polysubstance Use Disorder

Psychosis = Psychosis or Psychotic Disorder

Special Synd = Special Syndrome

Schizophrenia = Schizophrenia

Subs Induced D/O = Substance-Induced Disorder

Unspec Psychosis = Unspecified Psychosis

Services

AOP = Alternative Outpatient Programs. This service covers the treatment component of the Long-Term Structured Residence (LTSR) programs. LTSRs provide 24/7 care for individuals who need longer term, intensive mental health treatment in a structured, supervised setting. It is used primarily as a step down from acute inpatient or as a diversion from admissions to an acute inpatient facility or long-term hospitalization.

BHRS = Behavioral Health Rehabilitation Services include treatment and therapeutic interventions prescribed by a psychologist or psychiatrist and provided on an individual basis in the person's own environment such as the home, school, and community. These services may include Behavioral Specialist Consultants (BSC), Mobile Therapy (MT), Therapeutic Support Staff (TSS), and specialized services, as approved.

CCBHC = Certified Community Behavioral Health Clinics are responsible for directly providing (or contracting with partner organizations to provide) nine types of services, with an emphasis on the provision of 24-hour crisis care, utilization of evidence-based practices, care coordination and integration with physical healthcare. This federally funded demonstration program represents the largest investment in mental health and addiction care in generations.

Consults = Psychiatric Consultations

Crisis = Crisis Services. These services are available through the resolve Crisis Network 24 hours a day. People experiencing crises can call a toll-free number and receive telephone counseling. When indicated, professional behavioral health counselors will provide mobile crisis services at the person's home or in the community. Walk-in and overnight crisis services are also available.

CRR HostHome = Community Residential Rehabilitation Host Homes provides mental health evaluation and daily treatment, including intensive therapy, to children ages 4

through 18 who have serious emotional and behavioral challenges. The CRR-HH provider trains the host home parent(s) to anticipate and appropriately respond to the child's needs and behaviors. Children receive services from a psychiatrist, social worker, therapist, mental health worker, and nurse according to their individual needs at the host home and, when necessary, at the provider agency. Services are also provided to the child's family of origin to increase their capacity to be a secure resource for their child.

CTT = Community Treatment Teams, Also known as Assertive Community Treatment (ACT), is a service delivery model for providing comprehensive community-based treatment to persons with serious mental illness. ACT has accountable, mobile multi-disciplinary staff that functions interchangeably to provide treatment and supports 24 hours per day, seven days per week. ACT programs must meet standards defined in the Tools for Measurement of Assertive Community Treatment (TMACT).

ECCM = Enhanced Clinical Case Management, or Service Coordination, assists persons 18 years of age or older with serious mental illness or co- occurring serious mental illness and substance use disorders. The service is intended for individuals who need a more intensive level of service than blended case management/service coordination, with a community based clinical component.

ECT = Electroconvulsive Therapy. This is a procedure done under general anesthesia in which small electric currents are passed through the brain. ECT causes changes in brain chemistry that can quickly reverse symptoms of certain mental health conditions.

ER = Emergency Services are emergency-related activities and administrative functions undertaken to proceed after a petition for voluntary or involuntary inpatient commitment has been completed. Activities may include delegate services, emergency psychiatric evaluations provided to an individual to determine the need for psychiatric inpatient care, searches for

placement in an inpatient facility (bed searches), emergency transportation, and legal fees associated with the commitment process.

Fam-Bas = Family-Based Mental Health Services (FBMHS) are evaluation and treatment services provided to a specific child, but focusing on

strengthening the entire family system to increase their ability to successfully manage their child's behavioral and emotional issues. Services are provided by licensed agencies employing a mental health professional and a mental health worker as a team to provide treatment and case management interventions. Services are provided in the home of the family.

Fam Foc SBS = Family-Focused Solution-Based Services (FFSBS) are for families involved in the Children, Youth and Families (CYF) or Juvenile Probation systems who have mental health service needs. Services are provided by a Master's level therapist and Bachelor's level family support staff person. Services provided include individual and family therapy, family support, crisis intervention and stabilization, and case management.

Halfway Hs = Halfway House is a residential program to assist people in their recovery from drug and alcohol addictions. Halfway Houses are transitional programs to support people in their re-integration in the community.

Hous-Supp = Housing Support is assistance provided to people to help maintain their tenancy and with integrating into their home community. Services include but are not limited to teaching skills necessary for independent living (for example, housekeeping, medication support, budgeting, grocery shopping, and laundry skills).

IOP-D&A = Intensive Outpatient Drug & Alcohol Treatment These programs generally provide 9-19 hours of structured programming per week for adults and 6-19 hours for adolescents consisting primarily of counseling and education about addiction -related and mental health problems.

IP-Detox = Inpatient Detoxification. Treatment

includes 24-hour medically directed evaluation and detoxification of individuals with substance use disorders in an acute care setting. The individuals who use this type of care have acute withdrawal problems which are severe enough to require primary medical and nursing care facilities; 24-hour medical service is provided, and the full resources of the hospital facility are available.

IP-Ext (EAC) = Extended Inpatient Stay. These programs offer diversionary and acute stabilization services in either a hospital or community setting. EAC provides a longer period of stabilization in a recovery-oriented environment that permits the individual to return to the community and avoid hospitalization.

IP-MH = Inpatient Mental Health Services are a short-term level of care designed to provide evaluation and treatment services for individuals who are at risk of harm to themselves or others, or are otherwise unable to care for themselves. Services are provided in a licensed psychiatric unit of a community hospital, or a community psychiatric hospital that is not part of a medical hospital, by psychiatrists, nurses, and social services staff. Persons may be voluntarily or involuntarily committed for evaluation and treatment.

IP-Rehab = Inpatient Rehabilitation is treatment that includes 24-hour medically directed evaluation, care, and treatment for persons with a substance use disorder as well as coexisting biomedical, psychiatric, and/or behavioral conditions which need frequent care. Facilities must have, at a minimum, 24-hour nursing care, 24-hour access to specialized medical care and intensive medical care, and 24-hour access to physician care.

Lab = Laboratory Services

Med Check = Medication Check is a service provided for persons taking medication to treat their mental illness or substance use disorder. Medication levels are checked, side effects discussed, and adjustments to

prescriptions are made as necessary.

Med Check DA = Medication Check for those taking medication to treat their substance use disorder.

Meth Maint = Methadone Maintenance These programs generally feature 20 or more hours of clinically intensive programming per week for individuals with substance use disorders. Methadone maintenance programs also provide prescribed medications as well as treatment services.

Mobile Med = Mobile Medication Program A program designed to assist individuals in the community who have experienced difficulty in taking medication as prescribed. The services include assessment of needs in regard to medications and medication education, coordination of prescriptions, and medication monitoring.

Mobile MH = Mobile Mental Health Services A masters level therapist works in the home with adults (age 21 and over) who are unable to participate in mental health treatment in a traditional outpatient setting due to complex psychiatric, psychosocial, and medical needs.

NH-Detox = Non-Hospital Detoxification is a treatment service conducted in a residential facility that provides a 24-hour professionally directed evaluation and detoxification of persons with a substance use disorder when the full resources of an acute care facility are not necessary. Detoxification is the process of assisting a drug or alcohol-intoxicated or dependent person through the period of time required to eliminate the intoxicating substance and with any other dependency factors. This process also includes motivating and supporting the individual to seek additional treatment after detoxification.

NH-Rehab = Non-Hospital Rehabilitation is a treatment service provided in a licensed community residential program where a full range of treatment and supportive services are provided for people with substance use disorders in acute distress. Interventions include

social, psychological and medical services to assist the person whose symptomatology is demonstrated by moderate impairment of social, occupational, and/or school functioning. Rehabilitation is a treatment goal. Services include both short-term and long-term programs.

OP-D&A = Outpatient Substance Use Disorder Services are evaluation and treatment services provided at a licensed facility to persons who can benefit from psychotherapy and substance use/abuse education. Services are provided in regularly scheduled treatment sessions for a maximum of five hours per week by qualified SUD treatment staff.

OP-MH = Outpatient Mental Health Services are evaluation and treatment services provided to persons that may benefit from periodic visits that can include psychiatric or psychological evaluation, medication management, and individual or group therapy. Services are provided by licensed facilities under the supervision of a psychiatrist or by private credentialed practitioners.

Peer Spec = Peer Specialists A person who has their own experience with mental health treatment and symptoms. The service is designed to promote empowerment, self-determination, understanding, coping and life skills, and recovery.

PHP-DA = Partial Hospitalization Program for Substance Use Disorders is a non-residential program for individuals who do not need residential substance use disorder treatment, but do need more intensive services than outpatient provides. Partial programs provide assessments, medical consultation, treatment planning, group and family therapy, discharge planning, referral to services, access to vocational, educational, legal, health, housing, social activities, and other services.

PHP-MH = Partial Hospitalization Program for Mental Health is a non-residential treatment in a licensed facility. Evaluation, treatment, and medication are provided under the supervision of a psychiatrist for persons who need more

intensive treatment than psychiatric outpatient services. Services are provided for a short duration of time for persons acutely ill and for longer periods for persons experiencing long-term serious mental illness. Services are typically provided in a therapeutic group setting. School-based partial programs are also available for children and adolescents.

Psych-Rehab = Psychiatric Rehabilitation Services assist individuals in their recovery from mental illness, with the goal of improving functioning so they are satisfied with the roles they choose in their communities. While mental health treatment focuses on the reduction of symptoms, psych rehab focuses on community participation, through self-identified goals including housing, employment, education, relationships, and engaging in community and social activities.

Respite/DAS = Respite and Diversion/Acute Stabilization Services are voluntary, short-term, community- based residential programs intended to divert individuals who would otherwise be admitted to the hospital. These services can also be used as step-down services after an inpatient stay.

RTF = Residential Treatment Facility (Standard), is a temporary, intensive, residential mental health treatment program that provides comprehensive services for children and adolescents with serious and persistent mental illness.

RTF-Adult = Residential Treatment Facility for Adults (RTFA) Highly structured therapeutic residential mental health treatment facility with 16 beds or less serving persons 18 years old or older who do not need hospitalization, but who require mental health treatment and supervision on an on-going 24-hour per day basis.

Serv Coord = Service Coordination, previously called Case Management, offers to assist children, adolescents, and adults with serious mental illness or emotional disturbance to obtain treatment and supports necessary to maintain a healthy and stable life in the

community. Caseload sizes are limited to ensure adequate attention to the person's needs as they change. Emphasis is given to housing, food, treatment services, use of time, employment and education.

ST RTF = Short-Term Residential Treatment Facility. This service is used as a diversion/step down from inpatient mental health admissions, crisis services (as part of a crisis plan for other community services such as Family Based Mental Health or Behavioral Health Rehabilitation Services), and/or standard RTF. It provides comprehensive mental health treatment services for children and adolescents with severe emotional disturbances or mental illness, similar to a standard RTF, but for a shorter time period, typically 60 to 120 days.

Support Serv DA = Drug and Alcohol Support Services assist people 21 years of age or older with serious mental illness or co-occurring serious mental illness and substance use disorders. Mobile clinical treatment and support services mostly within the community are provided.

Support Serv MH = Mental Health Support Services assist people 21 years of age or older with serious mental illness or co-occurring serious mental illness and substance use disorders. Mobile clinical treatment and support services mostly within the community are provided.

3/4 House = Three-Quarter Way House is a transitional living site with less structure and fewer restrictions than a halfway house.

23 Hr-D&A = 23 Hour Substance Use Disorder Admission. Individuals are admitted to an observation level of care (inpatient) for up to a twenty-three (23) hour period of time, at the end of which recommendations are made to the individual, family, providers, and managed care entities as to the next level of care and treatment required to best meet the person's needs.

23 Hr-MH = 23 Hour Mental Health Admission Individuals are admitted to an observation level of care (inpatient) for up to a twenty-



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three (23) hour period of time, at the end of which recommendations are made to the individual, family, providers, and managed care entities as to the next level of care and treatment required to best meet the person's needs.